

The Healing Power of Energy

An Interview with AIM Developer Stephen Lewis

By Laura Morgan Connor



I was first introduced to Stephen Lewis, creator of The AIM Program in February of 2002. A lot has happened since then and while my transformation has not been painless, every bit of it has been necessary for me to reach a higher level of consciousness. After a few years on The AIM Program, I can say I've emerged healthier, happier and in a space that feels energetically very powerful. Recently, I had a chance to catch up with Stephen Lewis, a true pioneer in the field of energetic self-healing. - LMC

Laura: I think the work you are doing is quite extraordinary. Would you please explain a little about your technology—what is the QED and QID?

Stephen: Sure, the QED, or Quantum Evaluation Device, is the basis of the spiritual technology of EMC2. It is a program, which contains the frequencies of every imbalance known scientifically as well as many that have been discovered by me during the course of my research. Also, there is a balancing frequency for every known imbalance. It is my fundamental research tool. The QID, or Quantum Imprinting Device, is a massive program of limited purpose. It contains all the balancing frequencies of the QED plus the Rosetta frequencies which allow AIM participants to choose their required balancing frequencies for as long as is necessary. The QID is not a research tool; however, it is the basis of energetic balancing.

Laura: I've achieved some amazing results with AIM as you know. Just last year I became a mother again at 46, and a few

years before that I self-healed hypertension using the technology of AIM. But you make a clear distinction between healing and curing. What is the difference?

Stephen: Well Laura, I think there are several differences between healing and curing. Fundamentally, curing is a process of removing or destroying, via external means, a disease or problem. Whether the cure is by way of medicine, surgery, or some other relatively invasive procedure, it is applied to a patient.

Healing is the process of eliminating imbalances by internal means. As such, all healing is self-healing. Fundamentally it is replacing the negative manifestation of a lower consciousness with the positive manifestation of a higher consciousness. Because consciousness creates and manifest the material world, there are no limits to healing. Although, one must be his own healer (heal himself) there are many technologies and modalities both spiritual and otherwise that are used to assist in self-healing. Thus, it is critically important to understand that although healers cannot heal you, they help to provide a change in consciousness and healing is a result of that change.

Laura: Why is being personally responsible for healing so important?

Stephen: The reason of the importance of personal responsibility of healing is quite simple. Failure to accept that only you can heal yourself will inevitably result in a failure to see it as your responsibility. In summary, curing may be the responsibility of the expert whose help you seek, but healing is only your responsibility.

Laura: I really understand that part of the AIM Process. I think one of the reasons that AIM has worked so well for me is early

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on I decided I would be willing to say, "okay how am I contributing to this imbalance?" Stephen, one of the things I've heard you say is "I invented AIM, I did not invent healing." You openly encourage people to seek out experiences like meditation, prayer, crystals, Reiki, if they perceive a benefit. Why is that so core to the belief of AIM?

Stephen: The AIM Program is a spiritual technology. This is because it helps manifest a change in consciousness, which is what an AIM participant uses in his self-healing. Anything that helps in creating a positive change in consciousness is simply another weapon for one to use in his self-healing. That help may be by any effective means, be it a technology like acupuncture, Reiki, crystals, homeopathy, or be it a more subtle and inspirational means such as meditation or prayer.



Stephen Lewis performing an energetic evaluation with the QED (Quantum Evaluation Device.)

Laura: I want to shift gears for a moment and have you address the man made imbalances you are finding energetically through the QED. How different are the man made imbalances today versus the ones you were finding 10 years ago?

Stephen: The primary difference between now and ten years ago is not in the nature of the imbalances found but rather, in the nature of the inherent capacity to overcome them. Mankind has always been exposed to new imbalances. Whether these occur naturally or man-made is not critically important. In either case, an intact immune system will overcome these imbalances. The great problem that exists is an imbalance that diminishes the capacity to deal with other imbalances. The obvious example of this is HIV (Human Immunodeficiency Virus) which results in AIDS (Acquired Immune Deficiency Syndrome). This distinction is even more dramatic when an imbalance results in acceleration in the activity and activation of a hereditary imbalance. This is why I have been known to say, "The primary cause of death in the world is you."

Laura: You say that healing will occur when we are ready, when we have the courage to face our imbalance and when we decide we no longer need that imbalance, please elaborate?

Steven: Healing always occurs when we are ready for that healing. Usually, in the absence of special intervention, we are always ready for most healing. The exception and distinction lies in those imbalances that are rooted in emotion. As such, they are the physical negative manifestation of that which we fear to confront. The solution is never to wait for a diminution of that fear but rather, for an infusion of the courage to face that fear. At the deepest level (hereditary/karmic) all healing is an act of courage, and all life is a plea for courage.

Laura: What do you think the cumulative benefit is for being on AIM for 6, 7 or even 10 years?

Stephen: The initial benefit of being on AIM is healing imbalances, initially those, which are acquired, and subsequently those, which are hereditary. Once that has been accomplished, healing is no longer a primary concern of the body, but rather a matter of the soul. This is increasing ones consciousness. It may be just as readily described as increasing ones perception of his connection to each and everything in the universe. This each-and-every may be described as God it is our purpose to rediscover our connection to our creator. The AIM Program, cumulatively, is a tool to enable that purpose.

Laura: I know you have a busy schedule, thank you for taking the time to do the interview Stephen. We appreciate your work and all you are doing in the world. Thank you.

Editors note: The AIM Program is free for any child or adult with the frequency of Autism or Down Syndrome. To date more than 500 children have participated worldwide. To request an AIM application visit aimprogram.com

Stephen Lewis has degrees in acupuncture and homeopathy, both of which are forms of energetic healing.